

Ten's Perspective

2026



ALLURE OF
APRIL

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Allure of April

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A B O U T T H I S M A G A Z I N E

The Allure of April has a way of wrapping us in soft sunshine and fresh possibilities, and I'm so excited to welcome you to this issue of Jen's Perspective Magazine. On Titanic Remembrance Day, we honor the courage and stories that still touch our hearts, from that fateful day, more than a century later. National Dolphin Day brings smiles with the playful spirit of these beloved ocean friends; while National Orchid Day invites us to slow down and appreciate nature's quiet elegance. Easter Sunday on April 5th fills the air with hope and renewal, perfectly mirroring the blossoms and brighter days unfolding around us.

There's something wonderfully uplifting about the lighter joys this month offers. National Record Store Day gives us the perfect excuse to flip through bins of vinyl and lose ourselves in our Jazz Playlist and Vinyl Favorites Playlist. Whether you're tackling Spring Cleaning with new energy or refreshing your space during National Decorating Month, these simple rituals bring such satisfaction. National Find A Rainbow Day reminds us to pause and look for beauty in unexpected places, and National Earth Day gently calls us to care for the wonderful world we share. I hope these observances inspire you to savor the present moment with a grateful heart.

Food always has a special place in our hearts and April delivers plenty of delicious reasons to celebrate. From the sweet comfort of National Blueberry Pie Day and National Banana Day to the savory pleasures of National Chicken Cordon Bleu Day, National Sourdough Bread Day, and the nostalgic fun of National Peanut Butter and Jelly Day, there are so many wonderful excuses to gather in the kitchen and create happy memories. There's nothing quite like the aroma of fresh bread or a slice of homemade pie to make life feel a little brighter.

This month also shines a spotlight on empowerment and sparkle. As we observe National Financial Literacy Month, we're reminded how taking small, confident steps with our finances can create lasting freedom and peace of mind. And because April's birthstone is the dazzling diamond, we're celebrating everything these gems represent—strength, beauty, and that classic truth that “Diamonds Are a Girl's Best Friend.” Whether you're admiring their brilliance or treating yourself to something special, diamonds have a magical way of making us feel radiant and valued.

Finally, we turn our hearts toward the beautiful heartland states of Nebraska, Colorado, North Dakota, and South Dakota. With their wide-open skies, rolling prairies, rugged mountains, and warm communities, these states capture the resilient and welcoming spirit of spring. As wildflowers begin to bloom and the landscape wakes up, there's no better time to appreciate the unique charm each one brings to our shared American story.

Here's to an April filled with tender remembrance, joyful renewal, great music, delicious bites, and plenty of rainbows. May this issue wrap you in comfort, inspiration, and a little extra sparkle.

Warmly,

A handwritten signature in a dark brown, cursive script that reads "Jennifer". The signature is fluid and elegant, with a long, sweeping tail on the final letter.



Easter is observed on the first Sunday following the full moon after the vernal equinox. Considered Christianity's most important holy day, it celebrates the resurrection of Jesus Christ. Depending on which calendar a church follows, some will celebrate the holiday earlier than others.

Leading up to Easter Sunday is an entire season of observances beginning with Ash Wednesday, Lent's official beginning. Lent is a time of fasting and reflection, which represents the time Jesus spent in the wilderness for 40 days. Many know this as a time when Christians give something up for Lent.

Then during Holy Week, the Sunday before Easter is known as Palm Sunday. It commemorates Jesus's entry into Jerusalem on a donkey just five days before the Romans crucified Him. Maundy Thursday remembers Jesus's last supper; Good Friday is the day of the crucifixion; Holy Saturday is the period between the crucifixion and the resurrection; and Easter Sunday.

EASTER HISTORY

Before Easter (Pascha), Passover was the primary holy day celebrated; however, Christianity closely links the two holidays. Jesus's last supper was a Passover meal. By the 2nd century, Orthodox Christians also celebrated Pascha alongside Passover as well as pagan spring festivals.

The Easter Bunny tradition comes from medieval Germany, where the Osterhase or Easter Hare would lay its colorful eggs in nests prepared by children. In the 18th-century, settling in the Dutch Pennsylvania countryside, immigrants brought this fable and tradition to the United States.

Dying eggs is a tradition that dates back thousands of years across many cultures. Eggs symbolize rebirth, fertility, and life springing forth. Today Easter egg hunts take place across the country. It is not unusual to see children in their Sunday best surrounding a giant Bunny. Many will also get their picture taken too!

The palm leaves are usually burned to create ash for the following year's Ash Wednesday traditions. Easter comes with many symbols. Some of them include:

- Eggs – Symbolizes new life and rebirth
- Lambs – Represents Jesus
- Easter Lilies – Symbolizes innocence, purity and peace
- Hot Cross Buns and Easter Breads – Represents Jesus, the bread of life

HOW TO OBSERVE EASTER

- Participate in any number of church services.
- Some churches conduct sunrise services.
- Dye eggs with children and have an Easter egg hunt.
- Local communities also hold annual egg hunts, so check your local social media, newspapers, and community listings for dates and times.
- Use #Easter to share on social media.



NATIONAL TITANIC REMEMBRANCE DAY



NATIONAL TITANIC REMEMBRANCE DAY HISTORY

Known as the “the unsinkable ship,” the Titanic hit an iceberg at 11:40 pm on April 14, 1912, on her maiden voyage from England to New York City. Later, in the icy waters of the Atlantic Ocean, on April 15, the Titanic sank. Those who perished did so mainly due to an insufficient number of lifeboats onboard the ship.

Each year on April 15th, National Titanic Remembrance Day is dedicated to the memory of the lives lost when the Titanic sank into the icy waters of the North Atlantic Ocean in April 1912. We remember the more than 1,500 people who died that day.

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HOW TO OBSERVE

#TitanicRemembranceDay

Learn more about the Titanic’s history. Read about the building of the Titanic and follow its timeline. Discover the survivors’ stories. Watch a documentary, movie or take a virtual tour of the ship.

- A Night to Remember by Walter Lord
- Voyagers of the Titanic: Passengers, Sailors, Shipbuilders, Aristocrats, and the Worlds They Came From by Richard Davenport-Hines
- Waking the Titanic (2012) directed by Francis Delany
- Secrets of the Titanic (1986) by National Geographic
- #TitanicRemembranceDay to post on social media

NATIONAL RECORD STORE DAY

On National Record Store Day, owners, employees, and music lovers gather in the place that created a culture of its own.

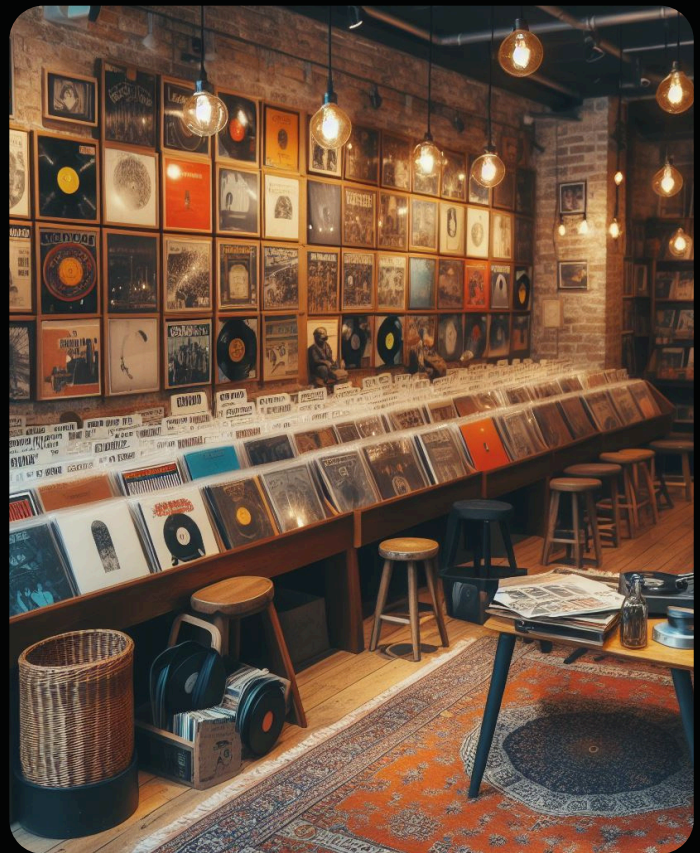
From vinyl to digital and back to vinyl again, the brick and mortar store celebrates a love of not just the music, but the art of jacket covers, words, and style. Through a variety of events, record stores across the country and the world hold one day events and promotions.

Even though independent record stores have dwindled in the last decade, around 1,400 still remain in operation in the United States. Most of those are operating in major metropolitan areas like New York City, Chicago, Los Angeles, Minneapolis, and Seattle. However, other smaller metro areas also cater to vinyl and disc, too. Think Duluth, Fargo, Des Moines, and Terre Haute. They all have record stores full of classic albums waiting for you to discover your favorite cover.

NATIONAL RECORD STORE DAY HISTORY

Founded in 2007 by a gathering of independent record store owners, the first National Record Store Day included Metallica meeting fans at Rasputin Music in San Francisco. Since then, the celebration spread globally encompassing all genres of music and fandom.

Vinyl records never went away and companies who make them are seeing increased popularity. The most expensive vinyl record is certainly not the most collectible because, well, only one was ever made. In 2015, hip hop group Wu-Tang Clan produce a single copy of Once Upon a Time in Shaolin. The album was purchased for 2 million dollars.



HOW TO OBSERVE NATIONAL RECORD STORE DAY

- Visit your favorite record store online and give them a shoutout or buy a gift card to show your support.
- Play your favorite vinyl record find.
- Visit www.recordstoreday.com to find a record store event near you.
- Use #NationalRecordStoreDay to share on social media.



VINYL FAVORITE'S PLAYLIST



We grew up with the privilege of learning to use the record player a privilege you earned. My favorite was when I was old enough to put on Christmas records. My favorites included "Snoopy and the Red Baron", Boston Pops "Sleigh Ride", and Sinatra singing "Mele Kalikimaka".

My Dad was so proud of both his player and all the records he had collected over the years. He diligently taught me proper handling, cleaning, and care of the vinyl it self and how to play them without scratching them. TV we could make do without but not the record player. It probably sounds funny in today's digital age but vinyl still has a warmth in its tone that digital cannot capture...

Abbey Road by The Beatles

Thriller by Michael Jackson

Back in Black by AC/DC

The Tortured Poets by Taylor Swift

Bat out of Hell by Meatloaf

Hit Me Hard And Soft by Billie English

Cowboy Carter by Beyonce'

The Dark Side of the Moon 50th Anniversary
by Pink Floyd

Dark Matter [LP] by Pearl Jam

Greatest Hits LP by Fleetwood Mac

eternal sunshine (LP) Ariana Grande

The Bodyguard Soundtrack by
Whitney Houston

Appetite For Destruction Explicit
Lyrics by Guns and Roses

Come On Over Diamond Edition by Shania Twain

No Fences by Garth Brooks

Hotel California 180 grams by Eagles

Led Zeppelin IV



National Decorating Month

Brighten up your home during National Decorating Month in April! A fresh coat of paint, stylish fabrics, and furnishings give a tired space a fresh look and make something old look new again.

It's amazing what we can do with a few strategically placed items. Whether a decorator's trained eye or a natural sense of color and space leads to a beautiful new space, the achievement is always satisfying.

The possibilities are endless when it comes to decorating projects around the home. No matter where you decide to update, be sure to do your research and prepare. The do-it-yourself handbook has been written multiple times. If you're hesitant, help can be found in the form of videos, the service counters of hardware stores and decorators, too.

HISTORY

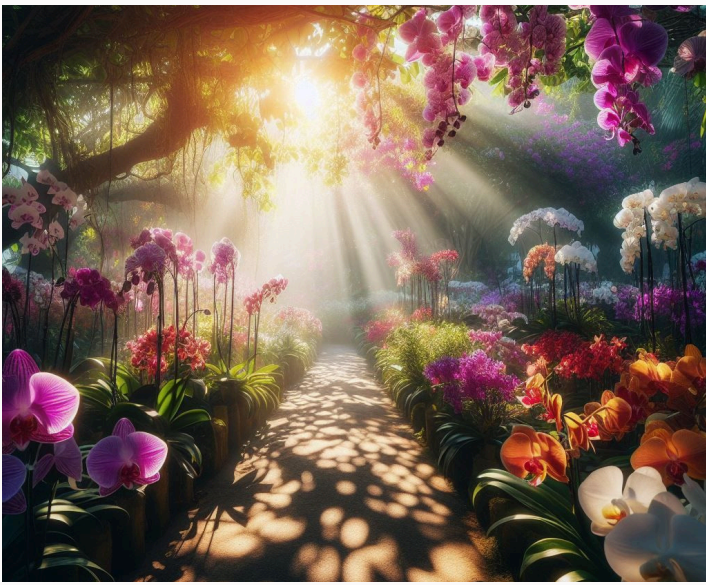
National Decorating Month originated in 1968 as National Home Decorating Month. The National Decorating Products Association (now known as the Paint & Wallpaper Association of America) in association with House and Garden Magazine launch the event.



HOW TO OBSERVE

- Form a painting club. Each member gets a room painted by the club. An ideal size would be six members. If you paint one room every other month, everyone gets a room painted in a year. The member whose room is being painted provides snacks and painting supplies.
- If you smoke in your home and are trying to quit smoking, a great motivator is to paint the interior of your home. The freshly painted (and possibly decorated) home may be a deterrent from smoking in the home.
- If you're uncertain of a color choice, purchase a small amount of the paint or swatch of fabric. Paint a small patch or leave the swatch in the room where it will be used. Let the sun rise and set in that room so you can see how the color changes. You will soon know if you love it or hate it.
- When choosing furniture for a room, be sure to measure more than just the space for the furniture when deciding on a piece. Measure the openings and corners leading into the room even if there are no stairs. If you cannot get the furniture into the room, you may have to return your new furniture.

Don't settle for a plain square room. Add your personality to it with some expert advice or do-it-yourself redesign. Use #NationalDecoratingMonth to share on social media.



NATIONAL ORCHID DAY

Each year on April 16th, National Orchid Day recognizes one of the world's diverse and widespread family of flowering plants. The orchids' often colorful and fragrant blooms grow in abundance around the world. Along with the Asteraceae, they are one of the two largest families of flowering plants, with between 21,950 and 26,049 currently accepted species. Not only are they prolific, but they range in size from the 2.1 mm wide *Platystele jungermannioides* to broad-bloomed *Grammatophyllum speciosum*.

While some find the orchid challenging to grow, others find pleasure in their pleasant fragrance and uncommon beauty. With so many varieties to choose from, the beauty can be enjoyed from home or by visiting botanical gardens around the world.

NATIONAL ORCHID DAY HISTORY

Orchids are beautiful and extremely special. The creators of National Orchid Day, Mike and Faith Young, volunteered at an orchid reserve in San Cristobal de las Casas, Chiapas, Mexico, in 2010. The experience changed their lives forever. So much so, the Youngs decided if they were ever to have a daughter, they would name her Orchid. On April 16, 2014, sadly, they lost their precious daughter during labor. They named her Orchid Faith. Since then, they have been desperately trying to find ways to honor her life.

Creating National Orchid Day

After discovering that no National Orchid Day existed, the Youngs set out to secure the day in honor of their daughter, Orchid Faith. On the year anniversary of losing their precious little girl, they created a Kickstarter campaign. They offered pre-orders of their backyard honey (The Humble Bumbles Honey), intending to designate April 16th as National Orchid Day through the Official National Day Registrar. Within the first day, they met their goal, and the campaign brought in over \$1,500. Thanks to the generosity and kindness of many friends, family, and supporters, April 16th will now forever be National Orchid Day in honor of their daughter.

For the rest of their lives, Mike and Faith say they will be caring for and spreading awareness about orchids. They feel having a National Orchid Day dedicated to the beautiful life they lost, people everywhere will appreciate orchids a little bit more, and their little girl will feel the warmth of those that think of orchids that day. They feel as though all orchids represent their little girl and hope that this special day will inspire those who come across orchids to think of their daughter, Orchid Faith, too; she is alive within you and all of us.

HOW TO OBSERVE NATIONAL ORCHID DAY

Enjoy the beauty of an Orchid. Share photos of beautiful orchids you grow. Give an orchid to someone with a green thumb.

Use #NationalOrchidDay to share on social media.
Facebook: www.facebook.com/nationalorchidday
Twitter: https://twitter.com/Nat_Orchid_Day
Visit the official www.nationalorchidday.com site.
Also, check out the Facebook page [Humble Bumbles](#)
And also, check out [Chadwick and Son Orchids Inc.](#)

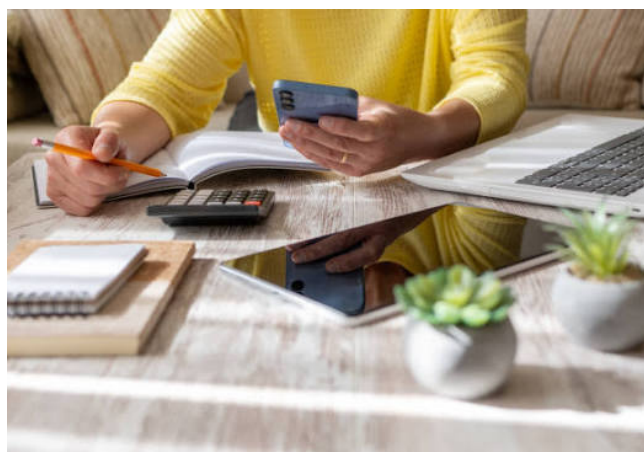
National **FINANCIAL LITERACY MONTH**

Whether you're just starting or have been earning your way for quite some time, it's never too late to learn about saving and improving your financial outlook. Developing a budget and building financial knowledge is the foundation for a brighter future.

National Financial Literacy Month places the importance of learning about finances and the tools to learn about them right in the classroom, too. No matter their age, putting the know-how and resources at our children's fingertips will give them the power to make smart decisions now and in the future.

NATIONAL FINANCIAL LITERACY MONTH HISTORY

The National Endowment for Financial Education launched Youth Financial Literacy Day in 2000. Since then, the event has evolved into a month-long observance supported by Jump\$tart Coalition called National Financial Literacy Month. While no U.S. president has signed a declaration officially proclaiming the month, the House and Senate have fully supported National Financial Literacy Month through joint resolutions. The U.S. Department of Education also promotes the observance.



EXPLORE MORE...

[National Financial Literacy Month](#)

[National Credit Education Month](#)

[National Cash Back Day](#)

[National Mortgage Professional Month](#)

[National Online Bank Day](#)

[National Tax Day](#)

[National Cryptocurrency Month](#)

[National Home Ownership Month](#)

[National Financial Crime Fighter Day](#)

[National Get Smart About Credit Day](#)



HOW TO OBSERVE #FINANCIALLITERACYMONTH

- Encourage your school and students to participate in a financial literacy course.
- Take time to teach your children more about fiscal responsibility.
- Seek tools and resources to help you guide them through the pitfalls.
- Visit www.jumpstart.org for more information and use #FinancialLiteracyMonth to share on social media.

NATIONAL FIND A RAINBOW DAY

Each year on April 3rd, National Find A Rainbow Day challenges us to look to the sky and find a colorful ray of hope cast across it.

There are people that see rainbows as an artistic masterpiece in the sky, to others it is a sign of hope and to many a sign of promise.

It can be all three; beauty, hope and promise.

Jill Magnus

A spectrum of light in the form of a multicolored arc, appearing in the sky, is caused by both reflection and refraction of light in water droplets in the Earth's atmosphere. These rainbows always appear directly opposite of the sun. The light is refracted (bent) when it enters a droplet of water, then is reflected inside on the back of the droplet and refracted again when leaving it.

Red is the color that is visible on the outer part of a rainbow and violet on the inside of a primary rainbow. Children learn in science class the mnemonic ROYGBIV to help them to remember the sequence of colors in a rainbow: red, orange, yellow, green, blue, indigo, violet. Many forms of airborne water can cause rainbows including, rain, mist, spray, and dew.

HOW TO OBSERVE #FindARainbowDay

Find yourself a rainbow or use the garden hose or a prism to make one yourself. Families, students, and classrooms, create a rainbow from the colorful hearts on this printable. There's at least one for every color in the rainbow. Take out your color crayons and finish what we've started. Then cut them out and put them in a cheerful, sunny window to brighten the day of someone passing by.

Use
#NationalFindARainbowDay
to post on social media.

Explore More...

National Month of Hope
Kiss of Hope Day
National Day of Encouragement
National Gratitude Day
National Brave Day
Upsy Daisy Day
Happiness Happens Month
Best Friends Day
National Random Act of Light Day
Summersgiving





JEN'S PERSPECTIVE JAZZ PLAYLIST

Jazz has many forms and is the ultimate listening music. April is Jazz Appreciation Month, so celebrate people like Louis Armstrong, Glen Miller, The Dorsey's, Dave Brubeck, Miles Davis, Frank Sinatra, some of the well known artists, singers and musicians.

Bunny Berigan, Herb Albert, Duke Ellington, Gene Krupa, Etta James, and countless more who contributed to the beginnings of jazz. Today's artists like Big Bad Voodoo Daddy, Norah Jones, Michael Buble, Rod Stewart, Winton Marsalis, Diana Krall, among others, who help keep the art alive and continue to help it evolve.

Autumn Leaves - Cannonball Adderly

St Thomas - Sonny Rollins

Canteloupe Island - Herbie Hancock

My Funny Valentine - Chet Baker

Take Five - Dave Brubeck

Body & Soul - Coleman Hawkins

So What - Miles Davis

Song for My Father - Horace Silver

Round Midnight - Thelma Houston

Spain - Chick Corea

My Favorite Things - John Coltrane

Blue in Green - Miles Davis

The Girl From Ipanema - Stan Getz

Naima - John Coltrane

Take The A Train - Duke Ellington

Somewhere - Cannonball Adderly

Birdland - Weather Report

Sing, Sing, Sing - Benny Goodman

Night in Tunisia - Dizzy Gillespie

West End Blues - Louis Armstrong

Like what you hear? Check out your local community for Jazz Fests, Satchmo Summerfest, and smooth jazz brunch. Try your local radio dial or stream from an online one. Support local real artists as well, to keep it alive for future generations. Encourage exploration, and learning through churches, schools and local live musicians to keep the music playing. Be sure to checkout all our playlists too.

Flamenco Sketches - Miles Davis

Waltz for Debby - Bill Evans

Celebrating Diamonds April's Birthstone and A Girls Best Friend

For centuries, diamonds have captivated hearts and minds with their unparalleled brilliance and enduring strength. As the birthstone for April, diamonds symbolize clarity, purity, and eternal love, making them the perfect gemstone for those born in this spring month. Known as the hardest natural material on Earth, diamonds are formed deep within the Earth's mantle under extreme pressure and heat, a process that can take billions of years. This remarkable journey from the depths of the Earth to the sparkle of a jewelry box is a testament to their rarity and beauty. Whether adorning a crown, an engagement ring, or a pair of elegant earrings, diamonds have long been cherished as a symbol of luxury and sophistication.

The allure of diamonds extends far beyond their physical properties. Historically, diamonds have been associated with power, protection, and invincibility. Ancient civilizations believed they held mystical powers, offering strength and courage to their wearers. Today, diamonds are celebrated as a universal symbol of love and commitment, thanks in part to the iconic 1947 De Beers campaign that coined the phrase, "A diamond is forever." This sentiment has cemented diamonds as the ultimate expression of romance, making them the gemstone of choice for engagement rings and anniversary gifts. For April babies, wearing a diamond is not just a celebration of their birth month but also a connection to a legacy of timeless elegance.



What makes diamonds truly unique is their versatility. From classic solitaires to modern, avant-garde designs, diamonds can be cut and shaped into countless styles to suit every personality. The most popular cut, the round brilliant, maximizes the stone's sparkle, while fancy cuts like pear, oval, and emerald offer a distinctive flair. Colored diamonds, such as pink, blue, and yellow, have also gained popularity in recent years, adding a vibrant twist to traditional designs. Whether set in platinum, gold, or rose gold, diamonds effortlessly complement any outfit or occasion, making them a staple in every jewelry collection.



For April-born individuals, diamonds are more than just a birthstone—they are a reflection of their inner strength and radiant spirit. As Marilyn Monroe famously sang, "Diamonds are a girl's best friend," and it's easy to see why. These dazzling gems embody resilience, beauty, and timelessness, qualities that resonate with anyone who wears them. So, whether you're an April baby or simply a diamond enthusiast, there's no denying the magic of this extraordinary gemstone. This spring, celebrate the diamond's legacy and let its brilliance light up your life!

Diamonds April's Birthstone and A Girls Best Friend



National Dolphin Day



Each year on April 14th, National Dolphin Day recognizes the social and intelligent mammals of the water.

Dolphins are cetacean mammals that are related to whales and porpoises. They range in size from 4 feet to up to 30 feet; dolphins are among almost forty species in 17 genera. Found worldwide, they prefer the shallower seas of the continental shelves.

As carnivores, their diet consists of mostly fish and squid.

- **Male dolphin – bull**
- **Female dolphin – cow**
- **Young dolphin – calf**
- **Group of dolphins – school or pod**

Social, Swift, and Intelligent

Dolphins are known to have acute eyesight both in and out of the water. They also have a well-developed sense of touch, with free nerve endings densely packed in the skin. Since they additionally have such acute hearing, they can hear frequencies ten times or more above the upper limit of what adult humans can. Dolphins are also capable of making a broad range of sounds using nasal air sacs located just below the blowhole.

Living in pods of up to a dozen dolphins, they are highly social animals. Pods do merge in areas where there is an abundance of food, forming superpods. These pods may exceed 1,000 dolphins. Dolphins can, and do, establish strong bonds within their pods. Even when one is injured or ill, they will stay, helping them to breathe by bringing them to the surface if needed.

You will see the dolphins frequently leaping above the water's surface. They do this for various reasons; when traveling, jumping saves them energy as there is less friction while in the air. Their leaps even have a name called porpoising. Some other explanations for leaping include orientation, social display, fighting, non-verbal communication, entertainment, and attempting to dislodge parasites.

The United States National Marine Mammal Foundation conducted a study revealing that dolphins, like humans, develop a natural form of type 2 diabetes. This discovery may lead to a better understanding of the disease and new treatments for both humans and dolphins.

HOW TO OBSERVE NATIONAL DOLPHIN DAY

- **Learn more about dolphins, their habitats, and how they live.**
- **Watch a documentary about dolphins.**
- **Share your knowledge about dolphins with others, too!**
- **Use #NationalDolphinDay to post on social media.**

Spring Cleaning

Spring cleaning: it's a tradition that feels as old as time itself, yet remains as relevant today as ever. As the days lengthen and the temperature warms, there's something about the onset of spring that instinctively prompts us to open the windows, let in the fresh air, and undertake a thorough cleaning of our homes. This annual ritual, steeped in history and varying cultures, is not just about maintaining a clean environment; it's a symbolic gesture towards renewal, rejuvenation, and starting anew.

The concept of spring cleaning can be traced back to several origins, from the Iranian Norouz, the Persian New Year, which falls on the first day of spring, to the Jewish tradition of cleaning the house in preparation for Passover. No matter its origins, the core idea remains the same: clearing out the old to make way for the new. In a modern context, this means decluttering, deep-cleaning, and organizing our living spaces to usher in the season of growth and renewal.

Why is spring cleaning so important? Firstly, it's a practical necessity. After months of being shut indoors with windows sealed against the cold, our homes are likely to have accumulated dust, grime, and clutter. A thorough cleaning helps remove allergens, improve air quality, and simply make our living spaces more pleasant and hygienic. But beyond the practicalities, spring cleaning holds psychological benefits. It can be incredibly satisfying and mentally refreshing to clear out clutter, organize our belongings, and make our spaces feel fresh and new. It's an act that can signal a fresh start, not just for our homes, but for ourselves as well.

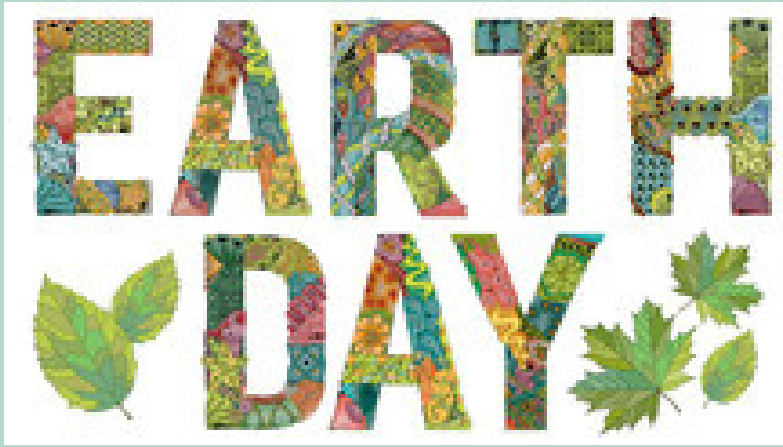


As you embark on your spring cleaning journey, remember that it's not just about the physical act of cleaning. It's about creating a space that reflects and supports your wellbeing, a home that serves as a sanctuary as the world blooms anew. Happy cleaning!



So, how can we tackle spring cleaning in an effective and manageable way? Here are a few tips:

1. ****Make a Plan:**** Start with a checklist of all the tasks you want to accomplish. Breaking the process down into smaller, more manageable tasks can make the project feel less daunting.
2. ****Declutter First:**** Before you start cleaning, declutter. It's easier to clean spaces that aren't filled with unused or unnecessary items. Plus, decluttering can have its own therapeutic effects.
3. ****Room by Room:**** Tackle your cleaning room by room. This strategy ensures that you're thorough and allows you to see progress, which can be motivating.
4. ****Natural Cleaners:**** Consider using eco-friendly cleaning products. They're better for the environment and often just as effective as chemical-based cleaners.
5. ****Don't Forget the Outdoors:**** Spring cleaning isn't just for the interior of your home. Take some time to clean up your outdoor spaces as well.



Each year on April 22nd, National Earth Day campaigns around the globe promote ways to keep the Earth healthy and our planet livable.

Since its inception, the organizers promote events educating the public about a variety of subjects including:

- climate change
- air pollution
- water pollution
- erosion
- recycling
- composting
- renewable fuels and power
- carbon footprints
- efficient cars
- rain forests
- ecosystems

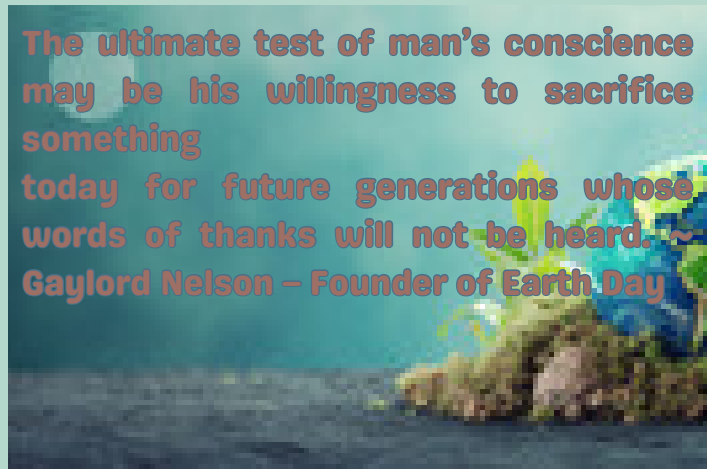
As citizens of the world, we can take action to protect the Earth, its creatures, and its habitats. Greener living can include more fuel-efficient vehicles or windows. It can also include landscaping for your climate reducing the amount of water required.

Numerous green campaigns launch events around the globe each year. Join one near you or organize one that fits your community's needs.

HOW TO OBSERVE #NationalEarthDay

- Support and use recycling programs in your community.
- Volunteer to clean up local parks and streets on clean-up days.
- Support and frequent green businesses.
- Use re-usable products versus disposable.
- Repurpose items that have outworn their use.
- Shop secondhand and thrift stores for gently used items.
- Use energy-efficient appliances or line dry your clothes.
- Walk or ride your bike to work if possible.
- Carpool or make one trip instead of multiple trips for shopping.
- Encourage your favorite products to reduce packaging.
- Check out One Square Inch of Silence. Founded on Earth Day in 2005, it encourages you to participate in expanding naturally silent spaces around the globe.
- Share your Earth Day experiences and join the conversation using #EarthDay on Social Media.

The ultimate test of man's conscience may be his willingness to sacrifice something today for future generations whose words of thanks will not be heard. ~ Gaylord Nelson – Founder of Earth Day



Amazon

Big Spring Sale



All Deals



Amazon
Outlet



Tech &
Gaming



Home &
Kitchen



Toys & Games



Garden & DIY



Home
Essentials



Beauty



Fashion



Prime Exclusive



Sports &
Outdoors



Amazon
Brands



Pets



Baby



Top 100



Devices

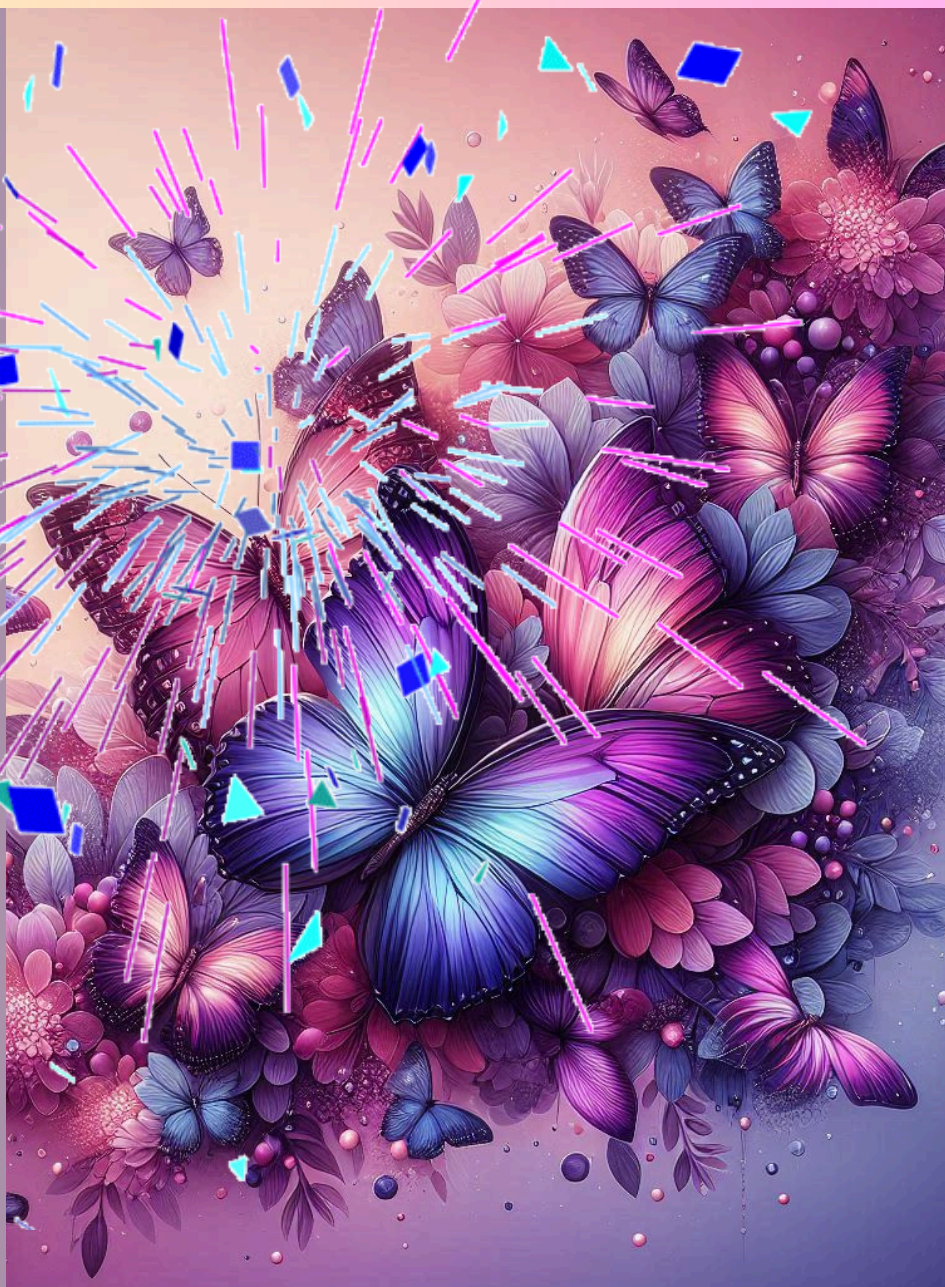
Walmart Spring Cleaning



Tap to Shop

JEN'S PERSPECTIVE MAGAZINE

Start Your
Subscription Today!



Established June 2024

Join us with a
subscription today.

12 issues a year filled with reasons to
laugh, live and love, while making lasting
memories.

Something for
Everyone

From Family, Holidays, Food, Pets,
Heritage, Making a Positive Difference and
movies, music and books to try. Find
something new every month.

NATIONAL BLUEBERRY PIE DAY



National Blueberry Pie Day on April 28th each year ushers in blueberry pie-making season. Blueberry harvest begins in April and lasts until September giving us a long season full of blueberry enjoyment.

We've been enjoying blueberries in pies since early American settlers arrived. In 1872, the first documented recipe for blueberry pie appeared in the Appledore Cook Book. Blueberries are abundant in Maine, so it's no surprise that blueberry pie is the state's official dessert!

This once wild berry became domesticated during the early 1900s thanks to the observations of Elizabeth Coleman White and the research of Dr. Frederick V. Coville. Before their efforts, wild blueberries were never successfully transplanted and raised in any farming operation for personal or commercial production. The only way to enjoy fresh blueberries was to seek them out where they grew naturally.

Through the efforts of White and Coville, today, producers and private gardeners bring to fruition these amazingly delicious berries. From farm to table or farmer to the grocer to you, these vibrant berries pack a punch in vitamins and health benefits. They make a great snack all on their own or enhance a meal, make stellar desserts or sauces. Whatever this berry does, it does with panache!

It's one of the healthiest fruits on the market, too. Full of antioxidants, this nutrient berry helps inhibit cancer development and helps prevent urinary tract disease. Eating blueberries may assist in maintaining healthy blood pressure, reduce blood sugar, and ease symptoms of depression.

EXPLORE MORE...

[Peach Pie Day](#)

[Apple Pie Day](#)

[Cherry Pie Day](#)

[Banana Cream Pie Day](#)

[Lemon Meringue Pie](#)

[National Pie Day](#)

[Strawberry Rhubarb Pie](#)

[National Strawberry Cream Pie Day](#)

[Mississippi Mud Pie](#)

[Key Lime Pie](#)

[Raspberry Cream Pie](#)

[Great American Pies Month](#)

HOW TO OBSERVE #BLUEBERRYPIEDAY

Bake up a blueberry pie. While you're at it, bake two and give one away.

Use #BlueberryPieDay to post on social media.

NATIONAL PEANUT BUTTER AND JELLY DAY

Explore More...

National Peanut Butter Day

National Peanut Butter Fudge Day

Peanut Butter Cookies

National Peanut Brittle Day

Peanut Butter Haystacks

National Fluffernutter Day

Peanut Butter Lovers Month

National Peanut Month

HOW TO OBSERVE #PeanutButterAndJellyDay

It may be a good day to try something different. The following are a few peanut butter and jelly ideas to help you out!

Cupcakes

French Toast

Pie

Sushi

Cookies

Donuts

Pancakes

Fudge

Have fun! Use #PeanutButterAndJellyDay to post on social media.



On April 2nd each year, National Peanut Butter and Jelly Day celebrates a classic food favorite. By high school graduation, the average American will have eaten over 2000 peanut butter and jelly sandwiches.

Peanut butter was considered a delicacy in the early 1900s. It was only served in New York City's finest tea rooms. In a May 1896 article published in the Good Housekeeping magazine, a recipe urged homemakers to use a meat grinder. The result was peanut butter spread on bread. That same year, in June, the culinary magazine Table Talk, published a "peanut butter sandwich recipe."

Julia Davis Chandler likely made the first reference to peanut butter (or paste) paired with jelly on bread. This happened in the United States. This occurred in 1901. Her article is found in the Boston Cooking School Magazine of Culinary Science and Domestic Economics. In the late 1920s, the price of peanut butter declined, and the sandwich became very popular with children.

During World War II, peanut butter and jelly were included in the United States soldiers' military ration list. The Peanut Board provided this information. Both items became staples during that time.

NATIONAL BANANA DAY



On the third Wednesday in April, take a bite of the fruit that also makes an excellent prop for jokes on National Banana Day!

The day focuses on the nutrition of the fruit as well as the way comedy has used the banana in its acts. This low-fat, low-calorie snack offers a boost of fiber, potassium, and vitamins, with B6 and C leading the way. It also provides a healthy gram of protein, too. Add a banana to your morning cereal or grab one to go with your granola. They also add so much delicious flavor to baked goods. Many bakers know that when those bananas turn brown to toss them in the freezer for baking muffins and breads later.

As far as the humor goes, anyone goes a little bananas when they slip on a peel. Or is it the peel of laughter that makes them go bananas? Hold up the banana like a phone and get your comedy routine going.

HOW TO OBSERVE #NationalBananaDay

Write a little message on a banana and tuck it into your loved one's lunch. Add bananas to your lunch routine. They're inexpensive and delicious. Children and adults love them, so you just can't go wrong. Use #NationalBananaDay to share on social media.

More Bananas....

National Banana Bread Day

National Banana Cream Pie Day

National Banana Split Day

National Fruit at Work Day

Banana Pudding Lovers Month

National Tropical Fruit Day

Red, White, & Blue Cheesecake Salad

Global Smoothie Day



NATIONAL CHICKEN CORDON BLEU DAY

Each year on April 4th, National Chicken Cordon Bleu Day celebrates a blue ribbon dish that combines chicken, ham, and cheese.

The French term Cordon Bleu translates to “Blue Ribbon.” This dish is a take on the popular Veal Cordon Bleu. It is a flattened chicken breast which is wrapped around ham (or sometimes prosciutto or Canadian bacon) and cheese such as Swiss or Gruyere. Toothpicks hold the chicken together before being dipped in an egg wash and breaded.

The earliest recipe we were able to find was in a March 1964 printing of the Cincinnati Enquirer by the Cincinnati Gourmet Stanley Demos. Despite some misconceptions, it is an American dish. Demos mentions in his column that he got the idea to try chicken instead of veal “to be different.” It has been a popular dish since.



EXPLORE MORE...

[Chicken Cordon Blue Cassarole](#)

[White Chicken Chili](#)

[Jen's Keto Chicken](#)

[Chicken Alfredo Caprese](#)

[Mushroom Swiss Chicken](#)

[National Fried Chicken Day](#)

[National Rotisserie Chicken Day](#)

[National Poultry Day](#)

HOW TO OBSERVE #CHICKENCORDON BLEUDAY

Try making Chicken Cordon Bleu or a variation on the theme. Several recipes offer lighter varieties, too. Share your favorite recipe for this creative chicken dish. We also found a couple for you to try in your home kitchen.

Use [#ChickenCordonBleuDay](#) to post on social media.

NATIONAL SOURDOUGH BREAD DAY

National Sourdough Bread Day on April 1st recognizes one of the world's oldest leavened breads.



Sourdough is produced through the process of long fermentation of the dough using lactobacilli and yeasts. The use of naturally occurring yeasts and friendly bacteria versus cultivated yeast causes the bread to have a slightly sour, but pleasant taste.

Most likely the first form of leavening available to bakers, it is believed sourdough originated in Ancient Egyptian times around 1500 BC. During the European Middle Ages, it also remained the usual form of leavening.

As part of the California Gold Rush, sourdough was the principal bread made in Northern California and is still a part of the culture of San Francisco today. The bread was so common at that time the word “sourdough” became a nickname for the gold prospectors. In The Yukon and Alaska, a “sourdough” is also a nickname given to someone who has spent an entire winter north of the Arctic Circle. It refers to their tradition of protecting their sourdough during the coldest months by keeping it close to their body. The sourdough tradition was also carried into Alaska and western Canadian territories during the Klondike Gold Rush.

San Francisco sourdough is the most famous sourdough bread made in the United States today. In contrast to sourdough production in other areas of the country, the San Francisco variety has remained in continuous production since 1849, with some bakeries able to trace their starters back to California's Gold Rush period. Many restaurant chains keep it as a menu staple. Sourdough bread is a great side to your soup, stew or toasted with your morning cereal.

HOW TO OBSERVE

#SourdoughBreadDay

Bake some homemade sourdough bread. Share a recipe or order some from your favorite bakery. Celebrate by tagging them and letting them know how much you appreciate them.

Use #SourdoughBreadDay to post on social media.

Explore More...

[Homemade Bread Day](#)

[National Zucchini Bread Day](#)

[National Crouton Day](#)

[National Toast Day](#)

[Mom's Pioneer Bread](#)

[National Raisin Bread Month](#)



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