

Jen's Perspective

2025



NAVIGATING
NOVEMBER

Navigating November

NOTEWORTHY

Editors Note	03
World Kindness Day	04
National Gratitude Month	05
30 day Gratitude Challenge Calendar	06
Daylight Savings Time Ends	07
Veterans Day	08



Jen's Perspective Magazine	19
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FROM THE KITCHEN

National Military Family Appreciation Month	9
Inspirational Role Models Month	10
National Family Caregivers Month	11
Unveiling the Magic of Citrine	12
The Golden Glow of November: Citrine	13
Adopt A Senior Pet Month	14
Chicken Soup for the Soul Day	15
National Jukebox Day	16
Prime Days 7 & 8	17
Halloween Shop	18

Thanksgiving Menu 2025	21
National Men Make Dinner Day	22
National Cappuccino Day	23
"Let Them Eat Cake"	24
National French Toast Day	25
National Nachos Day	26
National Deviled Egg Day	27
State Days to Celebrate	31
Amazon Auto	32
November Playlist	33



A B O U T T H I S M A G A Z I N E

As the vibrant tapestry of autumn deepens, November arrives not just as a prelude to winter, but as a month brimming with its own unique spirit of reflection and connection. “Navigating November” is our guide to embracing this season of transition. We begin by honoring the quiet heroes among us, from the veterans who have served our nation to the dedicated family caregivers whose compassion knows no bounds. This is also a time for personal gratitude and kindness, celebrated on World Kindness Day and throughout National Gratitude Month, reminding us that the simplest gestures often create the warmest glow in the shortening days. Even the end of Daylight Savings Time offers a gift—an extra hour to pause, breathe, and perhaps curl up with a comforting book for National Chicken Soup for the Soul Day.

As we settle into this cozy mindset, our attention naturally turns toward the heart of the month: the Thanksgiving feast. This year, we’ve dedicated ourselves to helping you create a memorable gathering, from mastering the perfect turkey to crafting show-stopping side dishes. Discover the savory secrets of Brown Butter Garlic Parmesan Mushrooms, the homestyle comfort of Jen’s Green Bean Casserole, and the sweet, spirited kick of a Whiskey Cinnamon Infused Cranberry sauce. And let’s not forget the grand finales, from the classic Pumpkin Cheesecake to the rustic charm of National Apple Betty Day, ensuring your table is a testament to both tradition and delicious innovation.

Beyond the Thanksgiving table, November’s calendar is dotted with delightful celebrations that invite joy into our everyday routines. It’s a month that encourages us to find rhythm on National Jukebox Day, savor a warming cup on National Cappuccino Day, and even hand over the apron for National Men Make Dinner Day. We also explore the golden hues of the season, from the captivating gemstone citrine to the rich, caramel notes of a perfect Apple Cider Sangria. And for those inspired by the upcoming shopping season, we provide a first look at the can’t-miss deals from Amazon and Walmart Black Friday 2025.

Ultimately, November is a beautiful contradiction—a time of both quiet introspection and joyful gathering. It challenges us to look outward with appreciation for our military families and inward to the inspirational role models who guide us. It’s a month to open our homes for a festive feast and our hearts by considering the adoption of a senior pet. From the first sip of a morning coffee to the last slice of Homemade Pioneer Bread, we invite you to use this guide to fully immerse yourself in all the warmth, flavor, and meaning this special time of year has to offer.

A handwritten signature in a dark brown, cursive script that reads "Jennifer". The signature is fluid and elegant, with a long, sweeping underline that extends to the right.



We each have the potential to improve each others' lives through understanding and kindness. Whether it's a friend, family member, coworker, or stranger, our ability to show our humanity should have no limit.

On November 13th, as part of World Kindness Day, we are encouraged to spread kindness like an infectious cold. We want to share it more than usual because studies show when others observe kindness in action they are more likely to carry out an act of kindness, too.

So, imagine if you head out for the day and your neighbor's garbage can has tipped over. Instead of ignoring it and letting the wind make a mess, you pick it up and return it to the corner. Three other neighbors notice and give you a smile and a nod on their way to work.

One of those neighbors notices a stranded driver on the side of the road on his commute to work. He remembers your thoughtfulness and offers assistance to the stranded driver. Several passersby take notice.

At a business office, a woman struggles with a paper jam. She's had a horrible day. The customer has been waiting, but she remembers the stranded driver she passed earlier in the day. The customer lets the office worker take her time. Anyone can have a bad day, but this prevents it from getting worse and may even make it better.

HOW TO OBSERVE WORLD KINDNESS DAY

On World Kindness Day, let your compassion shine brightly. Get caught showing as much kindness as possible, too. Did you know one of the simplest ways to be kind is through our words? Practice everyday.

For more inspiration on leading a life of kindness, Orly Wahba has written a book and her organization Life Vest Inside produced a short film called Kindness Boomerang. Use #WorldKindnessDay to share on social media.

Explore More...

[Random Acts of Kindness](#)
[National Compliment Day](#)
[Expressions of Gratitude](#)
[National Find A Rainbow Day](#)
[Universal Hour of Peace](#)
[Inspirational Role Models Month](#)



National Gratitude Month in November encourages us to embrace the power of gratitude.

Gratitude is more than simply saying “thank you.” Gratitude’s amazing powers have the ability to shift us from focusing on the negative to appreciating what is positive in our lives. Practicing daily gratitude gives us a deeper connection to ourselves, the world around us, and to our Creator.

Everything in our lives has the ability to improve when we are grateful. Research has shown that gratitude can enhance our moods, decrease stress, and drastically improve our overall level of health and wellbeing. On average, grateful people tend to have fewer stress-related illnesses and experience less depression and lowered blood pressure, they are more physically fit, they are happier, have a higher income, more satisfying personal and professional relationships, and will be better liked. Grateful kids are even more likely to get A’s in school.

If everyone practiced daily gratitude, we could change ourselves and the planet for the better. Everyone would be much happier. Love would grow and hate would decrease. And the world would know true peace.

What are you waiting for? Give gratitude a try! You’ll be happier you did.

To participate in the FREE 30 Day Global Gratitude Experiment, go to www.agratefulplanet.com

HOW TO OBSERVE #NationalGratitudeMonth

Celebrating the month can be done in several ways.

- Start a gratitude journal. Write about someone or something you’re thankful for every day. You’ll find your appreciation for those around you grows deeper and fonder the longer you keep it. When you read back on what you’ve written, you’ll be able to reflect on the relationships and their accomplishments.
- Try this Gratitude playlist too.
- Try a 30 Day Gratitude Challenge on next page.
- Share your gratitude with others. Letting someone know you’re grateful for their care, service, or friendship often lifts their spirits or lifts a burden.
- Show your appreciation by giving back to your community, neighborhood, or favorite organization.

Use #NationalGratitudeMonth to post on social media.

30 DAY GRATITUDE CHALLENGE

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
You woke up today	The smell of fresh coffee	A beautiful sunrise	Spending time with kids	A friend

DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
Gift you received	Something that made you laugh	Favorite memory	Nature	Spouse or Partner

DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
Food on the table	Memory of your childhood	Book, movie, or podcast you value	Ability to take a walk	Favorite holiday treat

DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
Something that brings you peace	A song you love	Technology	Pet(s)	Favorite holiday & why

DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
To be open minded	To view life from my unique perspective	To be loved and spread love	Stars and the way they shine	Special memories with family

DAY 26	DAY 27	DAY 28	DAY 29	DAY 30
Fresh breezes that touch you softly	For my health	Recent compliment you received	5 small things	5 large things

DAYLIGHT SAVING TIME ENDS

Daylight Saving Time ends on the first Sunday in November at 2:00 AM.

The practice of Daylight saving time (DST) (also known as summer time) advances clocks during the summer months. It causes us to lose an hour for one day. However, the practice allows people to get up earlier in the morning and experience more daylight in the evening. Typically, users of DST adjust clocks forward one hour near the start of spring. Then, they change them back again in the autumn.

The system has received both advocacy and criticism. Setting clocks forward benefits retail business, sports, and other activities exploiting sunlight after working hours. However, the practice causes problems for evening entertainment and other activities tied to the sun or darkness. For example, farming and fireworks shows are both affected.

Although some early proponents of DST aimed to reduce evening use of incandescent lighting (formerly a primary use of electricity, modern heating and cooling), usage patterns differ greatly. Additionally, research about how DST currently affects energy use is limited or contradictory.



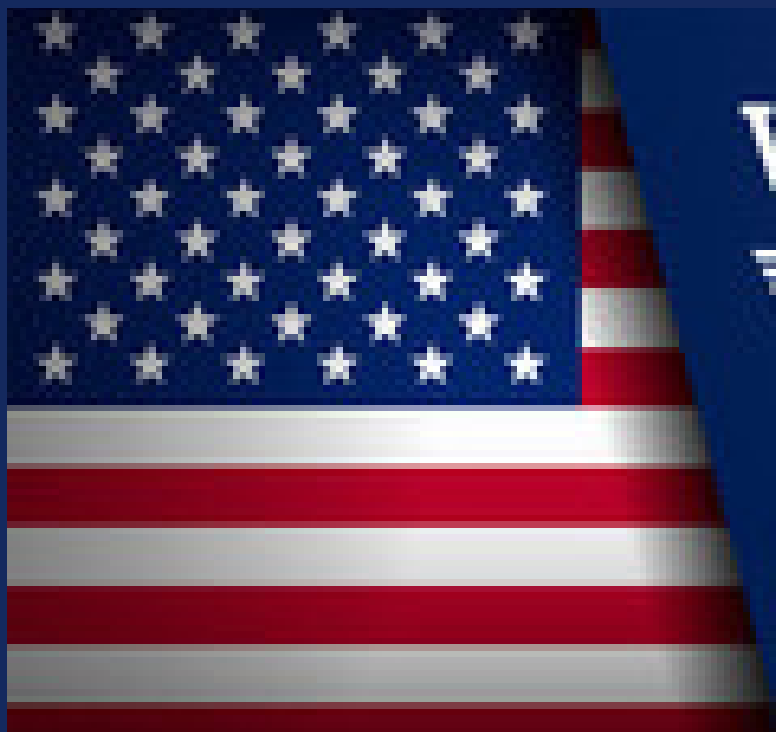
Problems sometimes caused by DST clock shifts include:

- they complicate timekeeping
- can disrupt meetings, travel, billing, record keeping, medical devices, heavy equipment,
- it especially impacts sleep patterns

Software can often adjust computer clocks automatically, but this can be limited and error-prone. Programming is particularly problematic when various jurisdictions change the dates and timings of DST changes.

HOW TO OBSERVE DAYLIGHT SAVINGS TIME ENDS

Depending on where you live, make sure to turn back your clocks. What will you do with your extra hour? Use [#DaylightSavingTimeEnds](#) or [#FallBack](#) to post on social media.



VETERANS DAY

HONORING ALL WHO SERVED



Veterans Day on November 11th honors military veterans who served in the United States Armed Forces. The federal holiday coincides with Armistice Day and Remembrance Day, which marks World War I. These observances reflect the end of significant hostilities at the 11th hour on the 11th day of the 11th month of 1918 when the Armistice with Germany took effect. Initially, the United States observed Armistice Day as well. However, it evolved into the current Veterans Day in 1954.

Veterans Day is not to be confused with Memorial Day or Armed Forces Day. Veterans Day celebrates all United States military veterans. However, Memorial Day is set aside for remembering the men and women who died while serving. Additionally, Armed Forces Day recognizes the men and women currently serving in the United States military.

Non-essential federal government offices close on this holiday, including all United States Post Offices. As a result, postal workers make no deliveries. Additionally, all federal workers receive holiday pay on Veterans Day. However, those who are required to work sometimes receive holiday pay in addition to their wages.

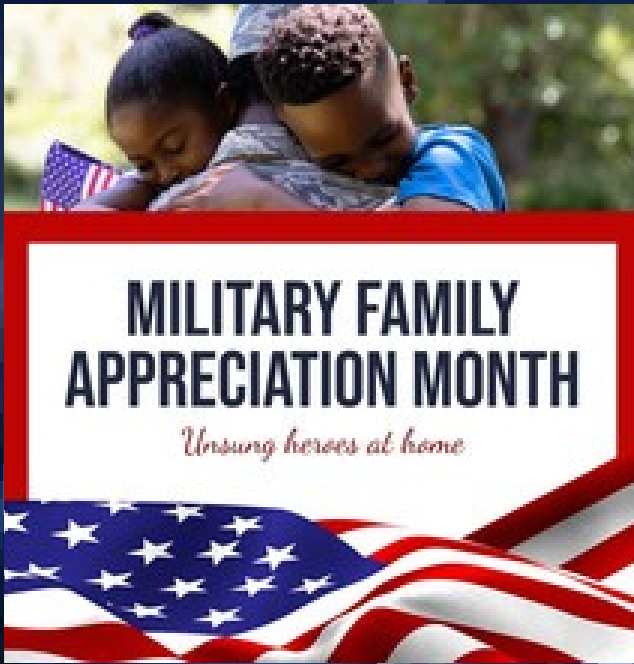
HOW TO OBSERVE #VeteransDay

Attend a ceremony and take a veteran you know out for a meal. Organize a veteran appreciation luncheon at your work or in your community.

Since Veterans Day is a federally designated holiday, many businesses and schools close for the day. Additionally, employers may recognize their veteran employees through special events. Throughout the day, local, state, and federal organizations host Veterans Day ceremonies.

Thank a veteran and use
#VeteransDay to post on social
media.





Military Family Month dedicates November to military families around the world. The observance recognizes the commitment and dedication these families make to their service members. Their sacrifices make it possible for our military to remain organized and strong.

While their service men and women are actively serving, deployed or training, their families provide a vital foundation at home that allows confidence in the field. Spouses and children are often separated from their service member for long periods of time and over great distances. Communication can be patchy and under stressful conditions. And they frequently move, uprooting children and jobs. But, military families are adaptable.

During November, the country honors the military families who make the U.S. Armed Forces strong.

HISTORY

The Armed Services YMCA along with the U.S. Government established Military Family Month in 1996 by expanding Military Family Week. Each year, the President declares the month through a signed proclamation.

HOW TO OBSERVE

Thank a veteran, active duty, reserve or national guard service member or family member for their service by giving back. Ask your military families how you can support them. Many will not ask when they need it. In many cases, through deployments or other circumstances, military families will band together. But even then that may not be enough. Adopt a military family for the holidays. Offer to run errands for military spouses who may have their hands full with their children or even their pets. Volunteer or donate services to military organizations.

Use [#MilitaryFamilyMonth](#) to post on social media.

Explore More...

[National Military Appreciation Month](#)

[Gold Star Mothers Day](#)

[Pearl Harbor Remembrance Day](#)

[Hug a G. I. Day](#)

[Armed Forces Day](#)

[Memorial Day](#)

[Independence Day](#)

[4th of July](#)

[Flag Day](#)

[Medal of Honor Day](#)

[Vietnam War Veterans Day](#)

[Gold Star Spouses Day](#)

[Freedoms Ring](#)

[National Military Spouse Appreciation Day](#)

INSPIRATIONAL ROLE MODELS MONTH

Inspirational Role Models Month offers an opportunity to spotlight those role models who embody the qualities and character for life long success. No matter your age, gender, or stage of life, having someone who inspires you to be the best version of yourself is always a positive thing. Perhaps it's a friend, an employer, clergy, teacher, celebrity, or an activist. Whether the person is high-profile or not isn't important. Their character and ability to inspire, guide, and teach carries much more value. This month, focus on the person who motivates you and thank them for the leadership.

Each November, we encourage you to get involved in activities or events that your role model is apart of (or if they are no longer living or a public figure, maybe an occasion you think they would enjoy or join in themselves). Stepping into the shoes of the person you look up to the most is likely to stir something up inside you that encourages growth as a person.

There's a reason that person is your role model, right? Take a good look at them and their life. What healthy habits do they have? How do they make people feel? If you can mold yourself after them, while keeping your unique personality, you have struck gold!

HOW TO OBSERVE #InspirationalRoleModelsMonth

Use #InspirationalRoleModelsMonth to post on social media. Be the best person YOU can be this month and thank your inspirational role model for helping you get there; they may not have even realized you were looking up to them! Another good way to celebrate National Inspirational Role Model Month is by being a good role model to others. Here are some ways for you to radiate confidence and goodness for the world to see.

- Always demonstrate leadership and confidence. Stay positive, look at things from a neutral perspective, and be calm, cool, and collected. Always strive for bigger and better for yourself and others.
- Stand out in the crowd. Be yourself and be proud of it. You don't ever have to try to "fit in." People are drawn to those who are unapologetically themselves.
- Interact with everyone, not just your friends or the most successful/popular people in the room. Always have an open mind and be a good listener, as well as speaker.
- Show others that you care, even if you don't know them well! Being interested and concerned about people around you shows selflessness and great character.
- Be smart, well rounded, and open-minded. Thinking you're the smartest person in the room automatically makes you the dumbest person in the room.
- Admit to your mistakes, and embrace them to become better. Acting as though you are above failure and mistakes show arrogance.





NATIONAL FAMILY CAREGIVERS MONTH

—NOVEMBER—

HOW TO OBSERVE

National Family Caregivers Month in November recognizes the dedication of family members who provide round the clock care to loved ones. When medical conditions demand attention, family step into roles, they are often unprepared to accept. They become caregivers instead of partners or friends. Sometimes this change occurs in an instant.

The month sheds light into their demanding days, but it also identifies their needs. From morning to night, a caregiver balances the needs of the patient and their family. They also see to financial matters and the household necessities.

Caregivers rarely have time for themselves. There's always another thing to be done. However, a caregiver requires rest, too.

After an aneurysm with complications has left me unable to walk, my family has stepped up. My husband Scott and my mother help me with daily tasks that allow me to live in our home. Everything from meals, cleaning, baths and personal care allow me to continue living in a safe environment without the drawbacks of facilities. I can never express enough gratitude for the care and help I get everyday.

I get so much better care from one or two people than shifts of 12 to 20 in a facility including hospitals. Today there are programs that support family Caregivers with resources, supplies and even compensation for the hour devoted to it.

During November, consider providing a respite for someone you know who provides care for a loved one. Offer to spend time with them or to learn to help out. Ask what you can do to make a difference. Visit npaonline.org for more information. Use #FamilyCaregiversMonth to post on social media.

EXPLORE MORE...

[National Caregivers Day](#)

[National Random Acts Of Kindness Day](#)

[National Long-Term Care Awareness Month](#)

[Occupational Therapy Month](#)

[National Home Care & Hospice Month](#)

[National Grateful Patient Day](#)

[International Day Of Persons With Disabilities](#)

[National Physical Therapy Month](#)

[World Physical Therapy Day](#)

[World Music Therapy Day](#)

[National Assisted Living Week](#)



The Golden Glow of November: Citrine

As the last vibrant leaves of autumn swirl to the ground and the world prepares for the cozy embrace of winter, November arrives with a birthstone that captures the very essence of the season. Citrine, with its warm hues of golden yellow, sunshine orange, and deep amber, is more than just a beautiful gem; it is a vessel of light, joy, and positive energy. Unlike many gems that draw their allure from rarity, citrine's magic lies in its ability to make every wearer feel as if they are carrying a piece of the sun with them, a welcome comfort as the days grow shorter and the nights longer.

The romantic allure of citrine is deeply intertwined with its warm, life-giving color. In the language of gems, its golden glow is said to encourage happiness, devotion, and a zest for life within relationships. It is often called the "Success Stone" or the "Merchant's Stone," believed to attract both prosperity and affection. To gift a piece of citrine is to offer a token of hope and warmth, a promise to brighten the darkest of days. Its sunny disposition is thought to dispel negative energy and foster a sense of shared joy and light-heartedness between partners, making it a profoundly meaningful gift for anniversaries, promises, or simply as a reminder of one's radiant presence in a loved one's life.

Beyond romance, citrine is steeped in powerful symbolism that has transcended cultures and centuries. Primarily, it is a symbol of light and life, its color reminiscent of the ripening harvest and the fading sun. This connection has long associated it with vitality, personal will, and manifestation. It is believed to carry the energy of the sun, promoting creativity, clarity, and confidence. For those seeking to manifest their dreams, citrine is considered a powerful ally, helping to turn aspirations into reality. It symbolizes a light that cannot be extinguished, making it a talisman for resilience, optimism, and an unshakable positive outlook, no matter the circumstances.



As with any ancient gem, citrine is shrouded in a veil of captivating myths and legends. In ancient times, it was believed to be a protective charm against snake venom and evil thoughts. Some legends suggest that citrine was a prized possession of powerful healers and shamans who used it to channel sunlight into their remedies.

A popular, though scientifically inaccurate, myth is that all citrine is simply amethyst that has been heated by the earth's core, giving it a golden hue. While heat-treated amethyst is common in the market, natural citrine forms with its own unique properties. This historical connection, however, adds to its mystique, linking the stone's calming yellow energy to the regal purple of amethyst, creating a narrative of transformation and warmth born from intense pressure.

In conclusion, the November birthstone citrine is a gem of remarkable warmth and uplifting spirit. It combines the romantic promise of joy and devotion with the powerful symbolism of light, success, and manifestation. Wrapped in ancient myths of protection and transformation, it is a stone that feels both timeless and intensely personal. Whether you are a November-born individual or simply drawn to its sunny radiance, wearing citrine is an invitation to carry the light of optimism within you, to attract abundance, and to illuminate your path with the golden glow of happiness.

Unveiling the Magic of Citrine





“

Meet Tom

He was the coolest feral cat we've ever met. As a Senior cat he really needed a warm safe space. At his age he was not real wild about the whole "trusting humans" thing. My husband spent months of time with reliable food, clean water, a warm shelter and eventually affectionate petting. Sadly, by the time Tom found us he had already contacted FLV. We had him TNR and veterinary care. He enjoyed his later years without spreading the disease.

”

When the weather turns chilly, Adopt a Senior Pet Month reminds us some four-legged friends need a family, too. In November, consider making a home for an older furry pet during Adopt a Senior Pet Month.

While the wriggly puppies and kittens make us smile with delight, you'd be surprised how well an older animal might fit into your lifestyle. Often, they have mellowed and lost some of their toddler energy. They don't need the extra attention a puppy or kitten would require. If they need training, it is only specific to your home and routine.

There may be some adjustment with an older animal. Like humans, they may be set in their ways. But, in most cases, their history is known, and they can be easily matched with the right family or individual. So, if you are looking for a new companion, don't overlook an older animal. You may be ignoring a loyal pet with a lot of life left in her.

Things to consider might be whether the fur baby has medical needs or requires a lot of space. Did he or she come from a home with children or other pets? If any of this information affects your adoption, you will need to reconsider.

Keep in mind the lifespan of many healthy dogs extends into their upper teens depending on their breed. When it comes to cats, it can be a little harder to predict. Since their lifespan ranges 10-15 years, those nine lives may not last as long as we thought. Even so, with good veterinarian care, you and your senior cat can enjoy many happy years together.

HOW TO OBSERVE

If you are looking for a new pet, adopt an older one. Use #AdoptASeniorPetMonth to post on social media.

CHICKEN SOUP FOR THE SOUL DAY

National Chicken Soup for the Soul Day celebrates who you are and how you get there. Take time to nurture your soul on November 12th.

A little chicken soup does a lot of good. It's warm and hearty. As we cup our hands around the bowl, the heat radiates into our bodies. The steam hits our face with a comforting aroma. Similar to what chicken soup does for our bodies, the regular nurturing of our souls benefits our health. Whether you pick up a book, meditate or go for a long walk, reflect on who you are and your achievements.



HOW TO OBSERVE #CHICKENSOUPTORTHESOULDAY

Celebrate you. Have some chicken soup and read an inspiring story. Our pages are full of them. Write an inspiring story or read one from one of the Chicken Soup for the Soul books. Other ways to celebrate the day include:

- Tell an inspiring story to a friend or family member. It will lift their spirits and remind them that you care about them.
- Try a new recipe and make it a double batch. Then share it with someone who needs some cheering up.
- Do something wholesome for yourself.
- Listen to some soulful music.
- Watch a movie with an uplifting message.

While you're celebrating National Chicken Soup for the Soul Day, be sure to share it with someone else. Celebrations are always better together. Whether it's via video chat or face to face, spread that warmth and cheer. Use #ChickenSoupForTheSoulDay to post on social media.

NATIONAL JUKEBOX DAY

On the day before gathering around the turkey, gather around the nearest jukebox to celebrate National Jukebox Day! As Americans flock to their hometowns for Thanksgiving, many will head out to neighborhood bars and restaurants. They'll catch up with friends and family and celebrate by playing great songs on their local jukebox.

The name jukebox is thought to originate from places called 'juke houses' or 'jook joints.' In the early 1900s, people congregated in these establishments to drink and listen to music. In 1889, Louis Glass and his partner William S. Arnold invented the first coin-operated player in San Francisco. They were both managers of the Pacific Phonograph Co. Formally known as the nickel-in-the-slot machine, the player included a coin operation feature on an Edison phonograph. However, it played a limited selection of songs without any amplification.

Throughout history, the jukebox continued to evolve with the times. When recording artists first crooned into microphones and cut records into vinyl, an aspiring inventor in a Chicago music store worked nights to build a box that would play both sides of the record. While the Blue Grass Boys played to sold-out audiences in the Grand Ole Opry, guys and gals danced the night away by playing their song over and over again on the jukebox at a local pub. With the advancement of technology, today's jukebox is more versatile than ever before. Touchscreen interfaces respond to the swipe of a finger (or can even be controlled by a mobile app). A vast virtual library of songs includes back catalog jukebox heroes alongside top artists of today.

Throughout each era – from big band and jazz, country and blues to rock & roll, acoustic and electric and everything in between— the jukebox has played it all.



Jen's Perspective Playlists

[The Blues Playlist](#)

[Upsy Daisy Day Playlist](#)

[Party Playlist](#)

[Jazz Playlist](#)

[Valentines Playlist](#)

[November Playlist](#)

[Christmas playlist](#)

[Jazz Saxophone Playlist](#)

[One Hit Wonders Playlist](#)

[Happiness Playlist](#)

[Brave Day Playlist](#)

[Vinyl Favorites](#)

[The Music from Musicals Playlist](#)

[Feeling Good Playlist](#)

[Patriotic Playlist](#)

HOW TO OBSERVE #NationalJukeboxDay

Be the DJ: Help curate the official National Jukebox Day Playlist with your personal jukebox anthems. Post song recommendations at www.facebook.com/touchtunes.

Play Another Song on the Jukebox Baby: When you are out on National Jukebox Day, queue up your favorite songs and let friends know how much you love that jukebox! To find nearby jukebox locations, download the TouchTunes app.

Share Your Jukebox Love: Follow TouchTunes on Facebook, Twitter and Instagram for the latest jukebox news and access fun social media images to share at www.touchtunes.com/nationaljukeboxday.



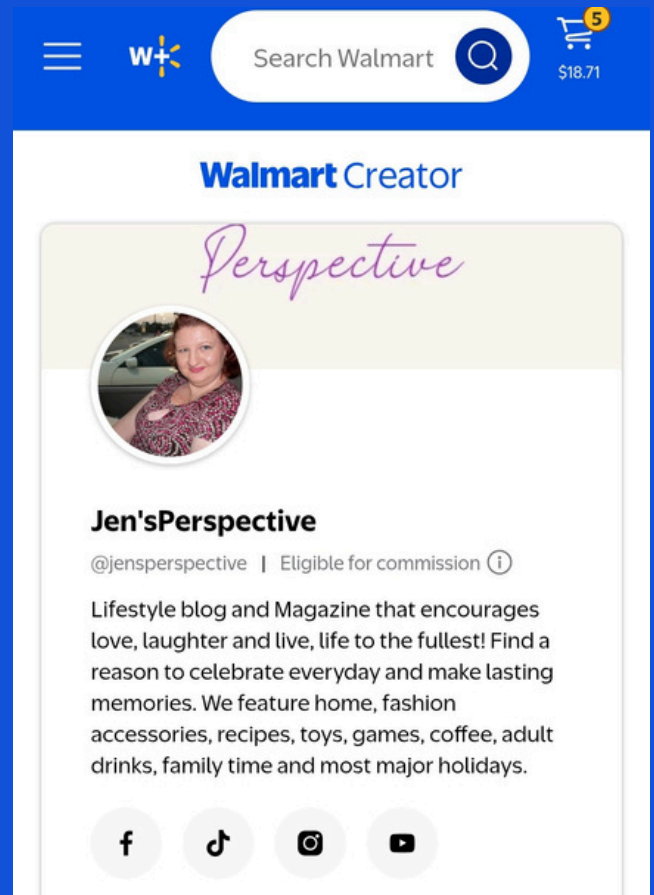
Jen's Perspective is so excited to announce we are now Officially a Walmart Creator! Our storefront on their site as well as featured products across our site and various social channels will help fund our continued growth.

As you know our Affiliate store is filled with featured products from posts, platlists, gift guides and more. We are now Officially adding Walmart to our curated selections. This will allow us to curate Walmart exclusive items, brands, and our favorite products into holidays and more.

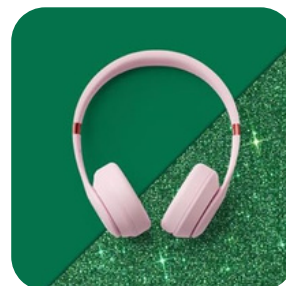
We are kicking off this by featuring Halloween and Christmas decor on our Walmart store front. Find it [here](#).

While we still prefer Amazon for a lot of things, there are definitely some items, deals, exclusives and things you just need to see in person. We hope this expansion adds more variety and even price points.

Rest assured no matter the affiliate purchase it does continue to support more great content. My hope is to expand both our subscribers and start eking out small income to help support both myself and eventually add more contributions especially with disabilities like me. One of the reasons I founded this blog is to raise awareness for stroke victims. Our story is not over and while we may struggle with disabilities that preclude regular employment we do contribute to society by making our voices heard.



Amazon Black Friday Deals



Tap to Shop

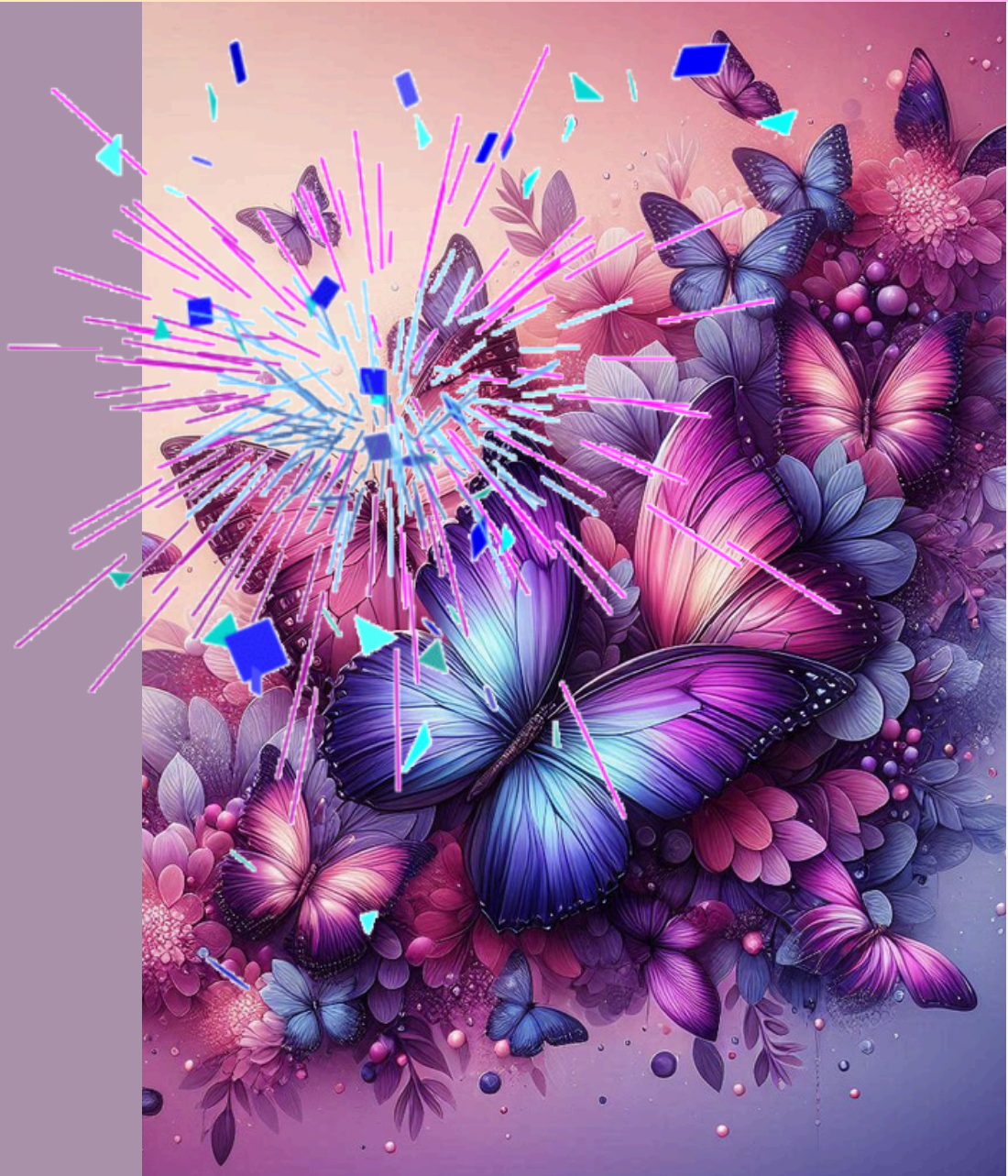
Walmart Black Friday 2025



Tap to Shop

JEN'S PERSPECTIVE MAGAZINE

Celebrating 1 Year



Established June 2024

Join us with a
subscription today.

12 issues a year filled with reasons to
laugh, live and love, while making lasting
memories.

Something for
Everyone

From Family, Holidays, Food, Pets,
Heritage, Making a Positive Difference and
movies, music and books to try. Find
something new every month.

Thanksgiving Menu 2025

THIS THANKSGIVING, WE'RE HONORING TIMELESS TRADITION WHILE EMBRACING VIBRANT NEW FLAVORS, CRAFTING A MENU THAT FEELS BOTH COMFORTINGLY FAMILIAR AND EXCITINGLY FRESH. IT'S A CELEBRATION DESIGNED TO EVOKE CHERISHED MEMORIES WHILE CREATING DELICIOUS NEW ONES, GATHERING EVERYONE AROUND A FEAST THAT TRULY REFLECTS THE BOUNTY OF THE SEASON.



NO MATTER "WHAT'S FOR DINNER" MAKE TIME TO SPEND WITH THOSE WE LOVE. WATCHING THE GAME, CATCHING UP, AND THE PEACE OF FAMILY AND FRIENDS; THOSE LASTING MEMORIES WILL LIVE FOREVER IN OUR HEARTS. MAKE SURE THOSE ITEMS ARE ON YOUR MENU TOO!

TURKEY TIPS AND TRICKS

WHISKEY CINNAMON INFUSED CRANBERRY

BROWN BUTTER GARLIC PARMESAN
MUSHROOMS

JEN'S GREEN BEAN CASSEROLE

NATONAL MACARONI AND CHEESE DAY

HOMESTYLE MASHED POTATOES

NATIONAL COOK A SWEET POTATO DAY

NATIONAL CROISSANT DAY

NATIONAL HOMEMADE BREAD DAY

NATIONAL ZUCCHINI BREAD DAY

NATIONAL STUFFING DAY

MOM'S HOMEMADE PIONEER BREAD

NATIONAL APPLE BETTY DAY

NATIONAL APPLE PIE DAY

NATIONAL APPLE CIDER DAY

NATIONAL PECAN PIE DAY

NATIONAL PUMPKIN CHEESECAKE DAY

CARMEL APPLE SANGRIA

INTERNATIONAL COFFEE DAY

NATIONAL PUMPKIN SPICE DAY

NATIONAL PUMPKIN PIE DAY

LET THEM EAT CAKE!

JEN'S PUMPKIN DELIGHT

National Men Make Dinner Day

November 6th, is National Men Make Dinner Day the first Thursday in November. It places the man of the house in charge of the kitchen and the evening's meal.

Some men like to cook and do so on a regular basis. To those men, kudos to you! You can share your favorite recipe on social media.

This day was created for the men who do not know their way around the kitchen and are not familiar with cooking appliances, as well as for the women in their lives who need a break.

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For a list of complete rules, see [here](#).

Men need to be aware that there is a list of rules that must be followed, some of which include:

- The main meal must include a minimum of 4 ingredients and require at least one cooking utensil other than a fork.
- The man does the shopping for all the necessary ingredients.
- Clean up as you go.
- Aprons are optional.

HOW TO OBSERVE MEN MAKE DINNER DAY

Have the men in the house prepare a meal and use #MenMakeDinnerDay to post on social media. That's not the only way to celebrate, though. Check out these ideas!

- Invite your children into the kitchen and give them all the skills they need to survive in the kitchen.
- Watch cooking shows with your man so you both can be inspired.
- Create a menu for the week with your family that everyone can agree on.





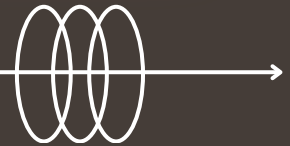
National Cappuccino Day on November 8th whips up a frothy, hot cup of cappuccino. It's a perfect drink on a frosty morning, meeting with friends or just to enjoy a creamy cuppa.

Traditionally prepared with espresso, hot milk, and steamed milk foam, a cappuccino is an Italian coffee drink.

The word cappuccino comes from the Capuchin friars and is the diminutive form of cappuccio in Italian, meaning hood or something that covers the head. This popular coffee beverage got its name not from the hood on their habits but from the color of the hooded robes that the friars wore. (The Capuchin friars is an Order of friars in the Catholic Church, among the chief offshoots of the Franciscans.)

- In 1945 Achille Gaggia invented the modern espresso machine which further popularized the cappuccino.
- The Mid 1990s – Cappuccino was made more widely available to North Americans as upscale coffee houses sprang up.
- Late 1990's to Early 2000's – Cappuccinos became popular in the United States concurrent with the boom in the American coffee industry.
- The start of the 21st Century – A modified short-cut version of the cappuccino started being served at fast-food chains.
- While steaming the milk you must pay close attention to attain the correct ratio of foam, thus making the cappuccino one of the most difficult espresso-based beverages to make properly.
- A skilled barista may create artistic shapes while he/she is pouring milk on top of the espresso coffee.

National Cappuccino Day.



Explore More...

[National Coffee Day](#)

[International Coffee Day](#)

[Irish Coffee Day](#)

[Coffee Milkshake Day](#)

[Coffee Ice Cream Day](#)

[National Frappe Day](#)

[National Espresso Day](#)

HOW TO OBSERVE #CappuccinoDay

Visit your favorite coffee shop to enjoy a nice hot and delicious cup of cappuccino. While you're there, give them a shout out using #CappuccinoDay to post on social media. Read up on your coffee history while enjoying a delicious cup.

“LET THEM EAT CAKE!”



THE WOMAN WHO QUOTED THE ABOVE DIDN'T FAIR WELL IN HISTORY. CAKE IS NOW BOTH WIDELY ENJOYED, AND LUCKILY FOR US EASILY AVAILABLE.

WHETHER FROM A LOCAL BAKERY OR A CREATION ALL YOUR OWN CAKE IS USED IN A LOT OF OUR CELEBRATIONS TODAY. PAIR IT WITH ICE CREAM AND YOU HAVE A RECIPE FOR ONE OF AMERICA'S FAVORITE DESSERTS.

National Cake Day

Angel Food Cake Day

Coffee Cake Day

National Bundt Cake Day

Cake Decorating Day

Carrot Cake Day

National Dessert Day

All-American Berry Flag Cake

Hazelnut Cake Day

Raspberry Cake Day

Chocolate Cake Day

Applesauce Cake Day

Lemon Chiffon Cake Day

Pound Cake Day

Pineapple Upside Down Cake Day

National Sponge Cake Day

Black Forest Cake Day

Bake & Decorate Month

National German Chocolate Cake
Day

National Dessert Month

Devils Food Cake Day



Each year on November 28th, people across the United States enjoy National French Toast Day. Also known as eggy bread or omelet bread, it makes a great breakfast for guests or part of a brunch.

Home cooks and professionals alike whip up a few personal favorites when it comes to french toast recipes. The base consists of eggs and milk whisked together. Bread is dipped into the mixture and fried until golden. Many people also add some sugar, vanilla, and cinnamon to the base.

The flavor of French toast can be brightened with a squeeze of a fresh orange or stuffed with sauteed apples and cinnamon. Make French toast kid-friendly by cutting it into sticks. Then dip the sticks into syrup. Substitute sugary syrup with a fruit puree and fresh fruit pieces. Nuts and seeds add crunch to this delicious breakfast fare, and don't forget the whipped cream! Just a dollop goes a long way.

HOW TO OBSERVE #NationalFrenchToastDay

Make French toast as part of big breakfast. Freeze leftovers for easy breakfasts later in the week. Have breakfast for dinner. Share your favorite French toast recipes. Do you love cinnamon and vanilla? What's the best fruit toppings? Add apple butter or another jam. Share your favorite combinations using #NationalFrenchToastDay to post on social media.

Explore More...

Better Breakfast Day
National Oatmeal Day
National Bacon Day
National Egg Day
National Orange Juice Day
National Cereal Day
International Bacon Day
Hot Breakfast Month
National Egg Month

NATIONAL NACHOS DAY



ON NOVEMBER 6TH, NATIONAL NACHOS DAY RECOGNIZES THE SNACK FAVORED AT SPORTING EVENTS ACROSS THE COUNTRY. IN THEIR PUREST FORM, NACHOS ARE TORTILLA CHIPS COVERED IN NACHO CHEESE, QUESO OR OTHER MELTED CHEESE AND SERVED WITH SALSA.

WHERE NACHOS BEGAN

FIRST CREATED SOMETIME AROUND 1943, THE POPULAR AND LOVED NACHOS ARE OF MEXICAN ORIGIN.

HISTORY TELLS US THAT IGNACIO "NACHO" ANAYA CREATED THE ORIGINAL NACHOS IN 1943. ACCORDING TO HIS SON, NACHO WAS THE MAÎTRE D' AT THE EL MODERNO RESTAURANT IN PIEDRAS NEGRAS. ONE EVENING AFTER THE KITCHEN STAFF HAD LEFT, A GROUP OF U.S. ARMY WIVES STATIONED AT FORT DUNCAN IN EAGLE PASS CAME INTO THE RESTAURANT. AFTER A LONG DAY OF SHOPPING, THEY WERE HUNGRY AND ASKED FOR A SNACK.

ANAYA PREPARED SOME TOSTADAS CUT INTO TRIANGLES. AFTER TOPPING THEM WITH SHREDDED CHEESE AND SLICED JALAPENOS, HE HEATED THE DISH IN THE OVEN. THEY WERE SUCH A HIT WITH THE ARMY WIVES THAT THEY NAMED THE SNACK "NACHO'S SPECIAL" BEFORE HE COULD MAKE ANOTHER BATCH.

WORD OF THE NEW CREATION QUICKLY TRAVELED. PEOPLE FROM ALL OVER TRIED THEM, LOVED THEM, AND OVER TIME, THE NAME CHANGED. EVENTUALLY, NACHO'S SPECIAL BECAME SPECIAL NACHOS.

NACHOS TODAY

WE LOVE NACHOS SO MUCH, WE TOP THEM WITH ALL SORTS OF THINGS. SOMETIMES WE EVEN GO OVERBOARD. WE CALL NACHOS WITH AN ABUNDANCE OF TOPPINGS LOADED NACHOS, SUPER NACHOS, OR NACHOS SUPREME. SERVE THEM AS A SNACK, AN APPETIZER, OR EVEN PREPARED WITH EXTRA INGREDIENTS AS A FULL MEAL.

SINCE THE TIME OF THE ORIGINAL NACHOS, THE TOPPINGS HAVE EXPANDED. TODAY WE ADD BEEF, CHICKEN, AND SEAFOOD ALONG WITH A VARIETY OF SEASONINGS. THIS SNACK EVEN SATISFIES THE PICKIEST EATER. WHETHER YOU'RE A VEGAN TO FULL-ON CARNIVORES, THERE'S A NACHOS RECIPE FOR YOU.

IN RESTAURANTS ACROSS THE COUNTRY, NACHOS FIND THEIR WAY ONTO THE MENUS OF OTHER CUISINES, TOO. SOME RESTAURANTS SUBSTITUTE THE CHIP WITH A POTATO BASE. ANOTHER OPTION IS TO REPLACE THE TOPPINGS WITH INGREDIENTS FROM THE CULTURE. FOR EXAMPLE, TO MAKE ITALIAN NACHOS TOP THE CHIPS WITH MOZZARELLA CHEESE AND ALFREDO SAUCE. ASIAN NACHOS MAY INCLUDE WASABI OR CURRY. EACH VERSION OF NACHOS BRINGS ITS OWN UNIQUE FLAVOR TO THE TABLE.

HOW TO OBSERVE #NATIONALNACHOSDAY

QUENCH THAT NACHO CRAVING. CELEBRATE WITH THE BEST TOPPINGS AND DON'T HESITATE TO OVERDO IT. YOU CAN ALWAYS SHARE! INVITE FRIENDS AND FAMILY TO ENJOY NACHOS WITH YOU TONIGHT. TRY MAKING A VARIETY OF NACHO DISHES TO SHARE. MAKE IT A CELEBRATION BY INCLUDING GAMES AND SHARE WITH OTHERS. SHARE YOUR FAVORITE RECIPES AND FLAVORS, TOO. NEED A RECIPE? TRY THIS BAKED CHICKEN RECIPE. USE #NATIONALNACHOSDAY TO POST ON SOCIAL MEDIA.

NATIONAL DEVILED EGG

DAY

National Deviled Egg Day features a favorite hors-d'oeuvre or side dish for parties, holidays, family reunions and potluck dinners. Deviled eggs are the star of the show each year on November 2.

This well-loved food wows guests at the holidays. Designers have even created specially designed carrying dishes and plates. The deli section of the grocery store prepares packaged deviled eggs, and they can be found in some convenience stores, too.

Other names for this devilish dish include eggs mimosa, stuffed egg, salad eggs or dressed egg. To make them, hard-boiled eggs are shelled, cut in half and filled with the hard-boiled egg's yolk. The yolk is mixed with other ingredients such as mayonnaise and mustard.

Eggs are quite versatile when it comes to making simple dishes elegant. The deviled egg is another example of taking the humble egg and transforming it with one or two simple ingredients. The final result is centerpiece-worthy. Colorful relishes, spicy peppers, pimentos or savory herbs, elevate deviled eggs. Additionally, the variety offers entirely new flavor profiles demonstrating just how delicious this family favorite can be.

Other approaches make them a little more creamy with sour cream. Or, a bit more tart with added vinegar. It's possible to please just about every palate can be satisfied. From the traditional paprika garnish to crunchy bacon, or a little caviar, anchovy or herring, there is some devilish experimenting any cook can do.



As these are a favorite I must admit to liking my homemade recipe the best. This recipe can be elevated with cucumber garnish or a grape tomato. Bacon is also really good. I have yet to try the avocado mix in, though I've seen plenty of recipes for it. However, I have tried them with pickle relish and/or dill. These do not make my try again list but, hey if you like it go for it. I also think chives make a good garnish while adding to the flavor.

HOW TO OBSERVE **#DeviledEggDay**

Make up your favorite recipe or try something new. Try a fancy recipe. Serve them for guests or just for you.

[Get my classic recipe that mom always made here.](#)

[For more great recipes try some more of our family favorites.](#)



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Wedding Registry



Prime Try Before You Buy



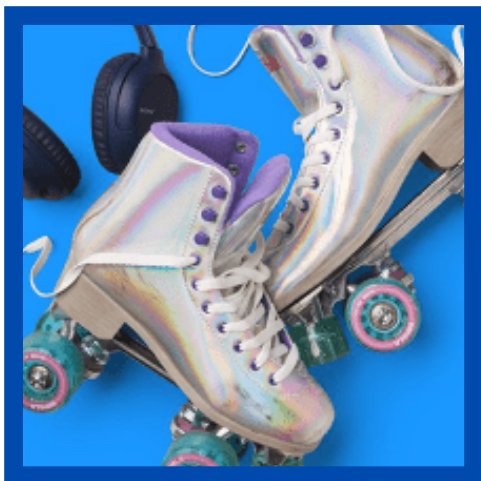
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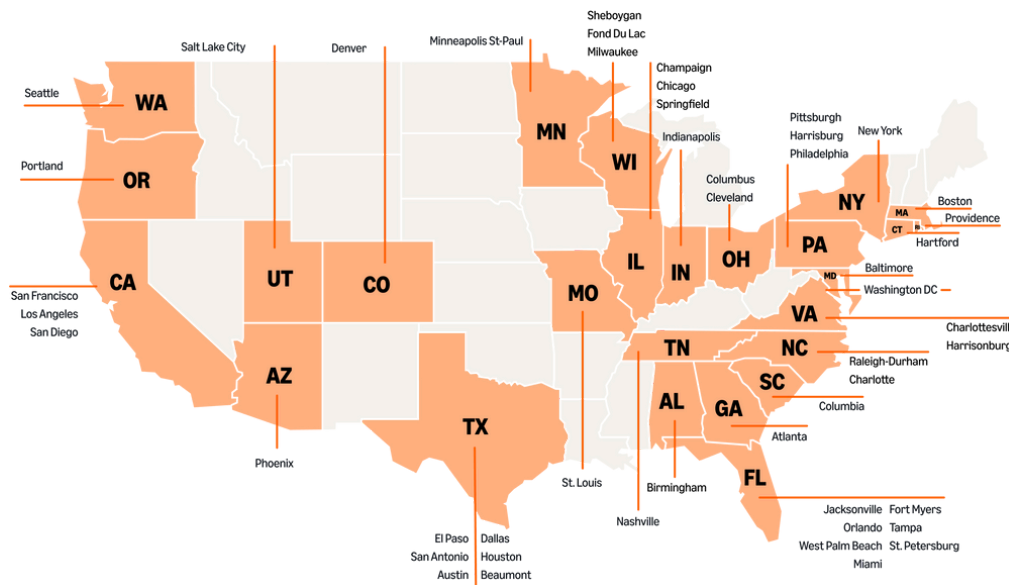


Internet Famous

U. S. State Days



Coming soon.



November Playlist

As we transition into the colder months, these songs blend a sense of comfort with introspection, creating a space for both reflection and relaxation. Whether you're enjoying a slow weekend at home, taking a brisk walk through fallen leaves, or simply unwinding after a long day, the playlist is a sonic journey through November's chill and calm, setting the tone for the approaching winter.

Autumn in New York

Be Thankful

Bring it on Home to Me

Autumn Leaves

Better Together

Washing Dishes

November Rain

Let's Turkey Trot

Thanksgiving Theme

Come on-a My hous

Stormy Weather

As Time Goes By

It's Only A Paper Moon

Moonlight Becomes You

Home

Counting My Blessings

Apples, Peaches, Pumpkin Pie

Be Thankful

Sweet Tater Pie

Sweet Potato Pie

Give Thanks and Praise

Homeward Bound

The Best is Yet to Come

I've Got Plenty to be Thankful For

Bewitched

We are Family

Catch a Falling Star

Mood Indigo